

## Join Our Team

USYVL depends on volunteer coaches to fulfill our mission of providing every child ages 7-15 a chance to learn & play volleyball in a fun, safe and positive environment. Our coaches have important responsibilities and our organization supports them fully to ensure that the USYVL experience is as rewarding for our coaches as it is for our players.

With your help, a new generation of American volleyball players will discover the joys of self-improvement, athletic activity and teamwork as they learn a fun and fast-growing sport.



## We Practice & Preach

- Safety, above all else
- Participation & sportsmanship
- Fundamental skills
- Positivity, praise & having fun

## Coach Support System

We give our volunteer coaches the instruction, equipment and other tools they need to be successful regardless of volleyball knowledge or prior coaching experience.

### ✓ Site Directors & Clinicians

Each location has a Site Director available to support our coaches and a Clinician on-site to answer questions as they arise.

### ✓ Assistant Coaches & Administrators

Head Coaches receive additional support from assisting staff to maximize the time they can spend with kids on instruction.

### ✓ Coaches Clinic & Additional Training

All coaches have multiple opportunities to attend pre-season clinics and get trained the USYVL way. Plus, more optional training is available throughout the year.

### ✓ USYVL Curriculum Handbook

Head Coaches receive our official manual containing step-by-step instructions for every skill we teach. Authored by world-class coaches, the handbook distills USYVL practices down-to-the-minute.

### ✓ Instructional Video

The "Seven Skills to Gold Medal Success" video explains the skills and demonstrates the drills coaches will teach all season. It's available online or on DVD by request.



## Sign Up to Coach Today!

You DO NOT need prior volleyball or other coaching experience to volunteer as a Head Coach. Our support system is designed with the novice coach in mind. If you'd prefer, we also have Assistant Coach and Administrator roles available.

It's easy to volunteer online at

[www.USYVL.org](http://www.USYVL.org)

Or call with any questions at

**1-888-988-7985**

UNITED STATES YOUTH



VOLLEYBALL LEAGUE

**Volleyball Starts Here!®**



# USYVL COACHING GUIDE



## Volunteer Today!

There's nothing quite as satisfying as seeing a child accomplish a new skill, especially with teammates, family and friends cheering from the sidelines. And that's not the only reason to sign up as a Head Coach.

### ✓ Small Time Commitment

Coaching USYVL typically requires 2 to 4 hours per week, and the reward is extraordinary for the time invested.

### ✓ Community Service

High school students can receive up to 40 hours of community service for volunteering as Assistant Coaches.

### ✓ Other Perks

Head Coaches are permitted one player request in addition to their own child(ren) and issued a red polo shirt and whistle.

## United States Youth Volleyball League

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